



PARENT CONSENT FORM

Applicable to All Locations, Changing Rooms & Restroom Procedures

Organization/Academy Name: _____

School/Location: _____

Child's Full Name: _____

Date of Birth: _____

Parent/Guardian Name: _____

1. Purpose of This Consent

This form confirms that I have been informed of the updated Safeguarding & Child Protection Addendum and understand how changing room procedures, restroom access, and coach assistance are managed for my child's safety and wellbeing during swimming activities.

The term 'assigned coach' refers to any member of staff who is designated to provide coaching, supervision, or support the pupil. The assigned coach (and any other staff member providing assistance) is safeguarding-trained and acts in accordance with the school's / Gulf Star Safeguarding Policy and Staff Code of Conduct.

2. Changing Room & Restroom Protocols (Summary for Parents)

I understand that:

- A **Supervisor** manages all movement to/from the pool, oversees restroom breaks, and does **not** enter changing rooms except in emergencies.
- **Female coaches** may assist inside the female changing room; **male coaches** may assist inside the male changing room.
- **Cross-gender assistance is strictly prohibited**, except in a verifiable medical emergency.
- Coaches never assist a child without written parental consent and if attend a child in the changing room or washroom then a second adult mandatorily be present at that time.
- **Two Adult Rule** – "In situations where a second same-gender coach is not available, Gulf Star Sports follows a defined contingency procedure in accordance with its Child Protection & Safeguarding Standard Operating Procedures, ensuring continuous supervision, transparency, and the safety of the child at all times."
- All mid-session restroom breaks are supervised by the Supervisor following strict visibility and safety rules.

3. Parent Options for Changing Assistance

I understand that:

- If my child needs help changing, I may choose to come to the school personally to assist them in the designated washroom area.
- If no consent form is on file and my child requests assistance, the Supervisor will contact me immediately to:

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(a) Allow me to come assist, or

(b) Provide written one-time consent (WhatsApp/email).

- If I cannot be reached or no consent is given, my child may **not** participate in the swim session that day for safeguarding reasons.

4. Consent for Assistance in the Changing Room

Please select one:

- () **I give permission** for an appropriately assigned coach (same gender as my child) in presence of second adult, to assist my child in the changing room **only** according to all protocols:
- () **I do NOT give permission** for coaches to assist my child. I will ensure that I or another authorised adult is available if my child requires help.
- Parents have the right to withdraw their consent at any time. Such withdrawal must be made in writing and submitted to the Gulfstar team, after which it will be processed within two days of the receipt of the request.

5. Photography, Privacy, and Prohibited Practices

I understand that:

- No photography or device use is allowed in changing rooms/restrooms.
- Coaches must not provide unnecessary physical contact.
- Conversations about changing or restroom matters are kept strictly task-focused.

6. Acknowledgement of Policies

I confirm that:

- I have read and understood the updated Safeguarding Addendum.
- I understand the supervision, assistance, and reporting procedures.
- I accept that these measures are in place to protect my child and all children.

7. Parent/Guardian Declaration

- **Parent/Guardian Name:** _____
- **Signature:** _____
- **Date:** _____
- **Mobile Number:** _____